Moving Forward Making Decisions

Are Western Psychology Schools of
Thought Relevant
to
Eastern Societies?

Early Beginnings, Development and Influences on Western Psychological Practices

- Philosophy, Religion -

Past and Present Psychological Methodologies, Strengths, Best Practices

In the midst of continual development in the Western World.

- Angle and Depth of Treatment -

Earlier and More Recent
Areas of Focus
In the
Field of Psychology

Understanding Changing Perspectives, Treatment Trends in the West

Adopting Suitable Approaches,
Methodologies for Maldivian Society and
its Unique System and Framework of
Care

Convincing stakeholders: Goal of Psychological Services

- Increasing self-efficacy to empower individuals, families and communities –
 - Making the inconspicuous, conspicuous -

Healthy vs Maladaptive Behavioural Norms in Maldividan Society

- Identifying Culture-Specific Concerns –
- Not Pathologize when Not Necessary
 - ADHD, Schizophrenia, etc -
- Psychological Immunization, Mental Health Hygiene -

Interdisciplinary Dance of Psychology, Psychiatry, and Social work

- Synergy in Delivering Effective, Top Quality Mental
 Health Care Services
 - Keeping the Zoom Lens on the Client -

Media

Educators

Law makers

Arts and Culture

Religious Leaders

Medical Practitioners

Allied Health Professionals

Alternative Medicine Practitioners

etcetera

How these sectors support and contribute toward empowering society toward greater mind-body health?

How Mental Health Professionals can work alongside these sectors?

Wishing You All the Best as
You, Together, Brainstorm to Advocate
For Those Depending On You!